

Contact Sheet: Armed Forces

Veterans Scotland

Web: www.veteransscotland.co.uk

Tel: 0131 550 1569

A web resource detailing Armed Forces and Veterans Champions who have been established across Scotland to ensure that those who are serving and have served are not disadvantaged as a result of their service. Areas of support and advice include employment, finance, housing, health, and comradeship.

Veterans Assist Scotland

Web: www.veterans-assist.org

Tel: 0131 550 1569

A web resource detailing resources that veterans may need, whether it is finding the right school or college for you or your kids; options for somewhere to live; getting access to a War Disablement pension; or finding a route into employment. Areas covered include employment, finances, housing, and health and wellbeing. Information.

Veterans UK

Web: www.gov.uk/government/organisations/veterans-uk

Tel: 0808 1914 218

Veterans UK is part of Defence Business Services (DBS) within the Ministry of Defence and administers the Armed Forces Pension Schemes. It also administers compensation payments for those injured or bereaved through service and provides a package of welfare support for veterans via a national Veterans Welfare Service and veterans helpline facility.

Combat Stress for Veteran's Mental Health – Hollybush House

Web: www.combatstress.org.uk

Tel: 0800 138 1619 (available 24 hours a day)

Combat Stress is a charity which provides treatment programmes, therapies and support to all current and former military personnel as well as families and carers.

Veterans First Point (V1P) Scotland

Web: www.veteransfirstpoint.org.uk

Tel: 01294 310 400

V1P Scotland helps veterans and their families to adjust to civilian life. This includes help with physical and mental health, family and relationships, housing, socialising, education, employment.